

BONDIBULLETIN

THE LATEST NEWS AND UPDATES FROM BONDIPUBLIC SCHOOL

Principal's Post

Dear parents and carers,

As we enter the second half of Term 3, it's a great time to reflect on the impressive achievements our students have made so far this year, and to look forward to the many exciting opportunities that await us in the weeks to come. From prestigious performances at the Opera House and regional public speaking competitions, to exciting sports finals, our students are aiming high in their endeavours and reaching for the stars. Staff couldn't be more proud! You can catch up on many of the things our awesome kids are up to in our featured sections, further down the bulletin.

P & C Meeting

Last week it was an absolute pleasure to join our wonderful P & C for their termly meeting. It's great to see such an awesome, cohesive team working together for the benefit of our students - a huge thanks to Kate and the team. We are all eagerly anticipating the biggest Halloween Fete yet!

At the meeting I reported on the 'Flush Forward' (toilet block makeover) project. The school will be working with the P & C and Assets Management Unit to make over the toilet blocks as sustainably as possible, utilising the P & C's Community Building Partnership grant. We will be working creatively to ensure we have maximum impact, with minimum waste and pollution.



Dates for your Diary

Monday 2nd September

Scholastic Book Fair/Book Week

Tuesday 3rd September

Student-Led conferences

Wednesday 4th September

K-6 Book Week Parade

Wednesday 11th and

Thursday 12th September

Stage 1 Excursion to
Bradley's Head

Wednesday 18th and

Thursday 19th September

K-2 Musical - Finding Nemo

Monday 23rd September

Public speaking competition -
District final

Thursday 26th September

Primary Proms day rehearsal and
evening concert

Friday 27th September

Last day of Term 3

I also reported that the school is continuing to evaluate community and valued and funded programs and initiatives, due to ongoing shortfalls. I also reported on the continued focus on Road Safety as we work closely with the council to improve signage and visibility around our Pick-up, Drop-Off zone. I reminded the community of the importance of discussing safe pedestrian practices with children, particularly those who walk to school independently.

Finally, I reported on our summary Tell Them From Me (TTFM) student survey data. TTFM surveys provide data on a range of aspects of school life, practices and procedures from the perspectives of students, parents and teachers. This data provides valuable insights that can inform school planning and decision-making.



The student data presented, showed dramatic improvements across all areas. We are particularly proud of the increase in reported "Sense of Belonging" and significant decrease in "Bullying Victim" which has decreased to below the state norm. Go Bondi kids! We will be collecting staff and parent/carer data in the coming weeks.



Phones and Jewellery

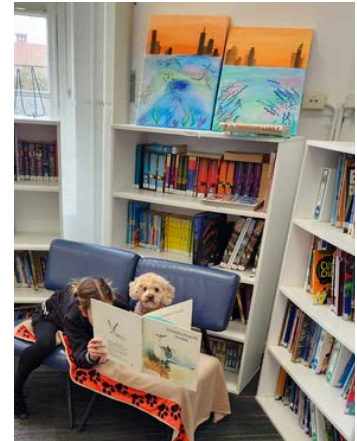
At last week's whole school assembly we spoke about students' mobile phones being handed into the office on arrival and how phones are to remain switched off until students leave the school grounds. We ask that parents support this by planning after school arrangements prior to the school day beginning, and not asking their children to call them at 3pm. This also applies to the Pick up Zone. If students are unsure of arrangements at the conclusion of the school day, our wonderful admin team will call parents from the school office.

Another timely reminder that as per our Student Dress Code (2023), the only jewellery that should be worn to school is plain stud/sleeper style earrings and watches (non-smart). This is for student safety and uniform consistency. Thanks for your support with this.



Story Dog

A huge shout out to Sue, who volunteers her (and Tasha's) time to read with some Year 2 students on Friday mornings. Some students report that it's one of their favourite activities each week. What better way to instil a love of reading and books!? Thank you, Sue!

**2025 Student Leadership**

We are in the process of evaluating our processes in terms of student leadership across our school, including election of school captains. We will communicate any adjustments prior to processes commencing.

Kindy 2025 Students

We still have new enrolments coming in steadily. We are in the process of preparing for our Transition to School Program, so if you know anyone who needs to enrol for 2025 please let them know that enrolments are now overdue! We are available to answer any questions parents may have and our popular school tours will continue to run in Weeks 8 and 10.

Wishing everyone a wonderful weekend and we look forward to seeing all of our families at the Student Led Conferences next week - don't forget to grab a sausage sizzle before or after your conference!!!

Take care of yourselves and each other.

Anna O'Connor

Principal (rel.)



Spotlight on Learning



4R with Miss Sasha Ross

This term, if you were to peek through the doors of the 4R classroom, you'd witness a whirlwind of creativity, learning and growth across all our subjects.

In geography, we embarked on an exciting journey exploring the natural wonders of the world. Students have been diving into researching different countries, studying their unique landscapes and natural environments. This work ties beautifully into our visual arts lessons, where students are creating detailed dioramas that showcase the stunning natural features of their chosen countries. From towering mountains made of cardboard boxes to lush forests out of toilet rolls, the students of 4R are innovating a range of artistic techniques to bring their research to life, capturing some of the world's most breathtaking natural wonders.

Our writing unit has taken us into the world of 'The Callers' by Kian Thomas, where we have been investigating characterisation. Here, students have been honing their descriptive writing skills and learning how to craft characters that jump off the page. With a focus on using vivid adjectives and impactful rhetorical devices, they've been working towards creating characters with depth, exploring their emotions, motivations, and unique traits to make them feel as real as possible.

In mathematics, we've been digging deep into fractions and volume. Students have tackled the complexities of fractions that challenge their understanding of number. We've also explored volume, using practical exercises to compare and calculate the capacity of various objects, making abstract concepts concrete and engaging.

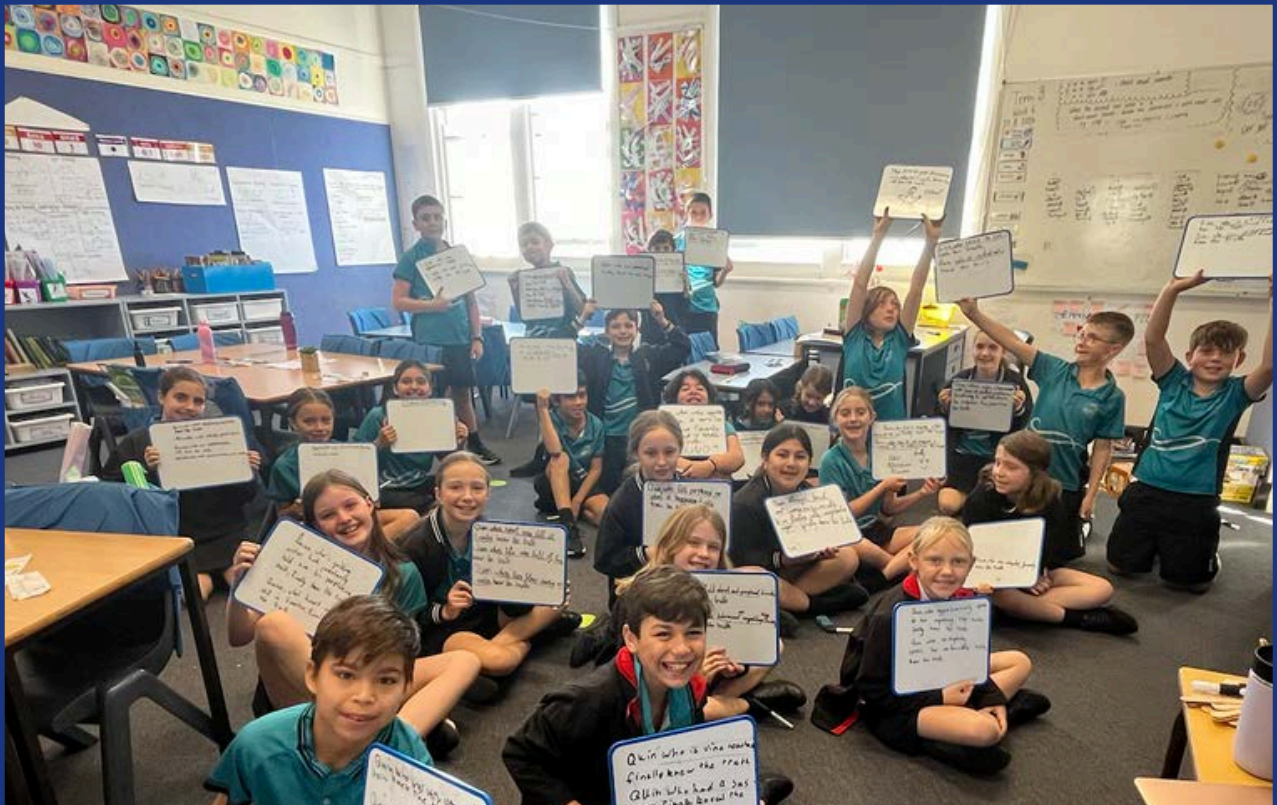


Spotlight on Learning



Beyond the classroom, Term 3 has been packed with exciting events and activities! From the Athletics Carnival, NAIDOC Week incursions, SRC initiated Board Games Day to pretzel making in the kitchen and nurturing our school garden, we've been busy. Students have also thoroughly enjoyed our Stage 2 Olympic themed sports rotations. Believe it or not there's even more to come, including our student-led conferences and our 4R-led assembly, both in Week 7.

We can't wait to see the continued growth and achievements of our class as we move through the rest of the term and year.



Spotlight on Learning

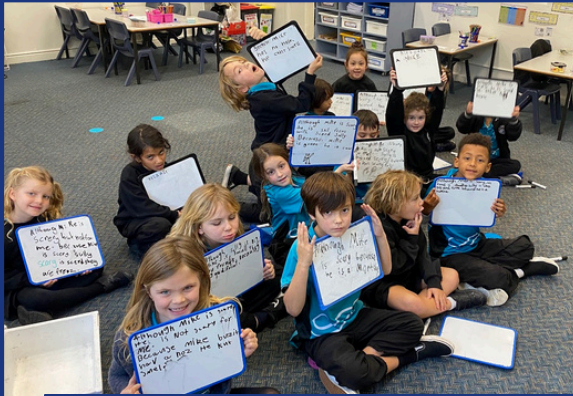


1S with Mr Sprague

We've had an exciting and productive time in 1S as we dive into the world of literature and writing! This term, we've been exploring the enchanting book 'Boy' by Phil Cummings. 1S has been on a journey of discovery through its captivating story and different perspectives of the world. Our budding writers have created some fantastic sentences that showcase their understanding of how to combine ideas using conjunctions.

In 1S we've been exploring the world of whole numbers and discovering the magic of partitioning them into 1s, 10s, and 100s. Through hands-on activities, manipulatives, and games, the students have been practising breaking down numbers to see how they are made. For example, they've explored how the number 34 can be broken down into 3 tens and 4 ones. Ask 1S students to show off their impressive skills and have them break down numbers and identify their 10s and 1s.

Our classroom is buzzing with excitement as we prepare for our upcoming performance of Finding Nemo! The children are practising their lines, songs, and dance moves and they look fantastic. We are so excited to see all your faces as we take to the stage!





Around the Grounds

Public Speaking

A huge congratulations to Hugo (4M) and Wren (5/6C) for representing Bondi Public School at the Multicultural Perspectives Regional Final! Both impressed with their prepared and impromptu speeches. Whilst they didn't win the competition, the adjudicator praised their efforts and skills. Fantastic effort, Hugo and Wren!



Bring a Board Game Day

Earlier in the term the Student Representative Council put together a plan to have a Board Games Day to help promote the use of board games in the classroom during wet weather break times.

Held on Thursday 8th August, the school had their first Board Games Day where students dressed in costumes that were inspired by board games and brought in any disused games from home to share with the school. Throughout the day, students enjoyed playing games in class, sharing ideas and strategies with friends and peers.

It was a huge success and now the school has a bank of board games that can be used in the future on those grey and grizzly days at Bondi.



Around the Grounds

Festival of Choral Music



On Friday August 16th, a small group of students from Stage 3 who are a part of the senior choir, performed at The Sydney Opera House. Well done and congratulations to Stella C, Elena B, Noa M, Ava C, Micah F, Edith B, Minnie O, Juliet B and Frankie F who represented our school.

The Festival of Choral Music featured a combined primary choir of 700 voices from many Public Schools across NSW. Our senior choir has been rehearsing very hard under the guidance of Mrs Tyler and Miss Ross. Their voices sounded beautiful on the night and we have many talented altos and sopranos! Our choir demonstrated resilience and perseverance throughout the day-long rehearsal and represented our school with lovely courteous manners during the evening performance. It was such an exhilarating and rewarding experience to perform in an amazing venue with a very tricky repertoire.

Our senior choir is now busy preparing an audition piece to hopefully be selected again for next year's performance! Look out for the Senior Choir performing again soon at the Halloween Fete. If anyone is interested in joining the Senior Choir, please come along and join in the fun on a Thursday morning at 8:15am.





Around the Grounds

NAIDOC Week

Earlier this term, Bondi Public School celebrated National NAIDOC Week, embracing this year's theme, 'Keep the Fire Burning! Blak, Loud and Proud.' The 2024 theme honoured the unyielding spirit of communities and encouraged everyone to stand in solidarity. The celebrations at BPS began with our Yarn Time students, who, with the support of our dedicated school leaders, opened the assembly. We were also joined by Hayley and Mitch from Djalgala, who invited our Aboriginal students and their families to participate in a powerful 'sweeping' ceremony. This was followed by a beautiful performance from our talented junior choir, who sang 'Follow the Sun' by Xavier Rudd.

Throughout the week, K-6 students engaged in a Story Stones workshop, deepening their understanding of Aboriginal cultures while enhancing their storytelling skills. Students also participated in various NAIDOC Week activities in their classes, learning traditional Indigenous games during sport sessions, enjoying Indigenous stories during library lessons, and engaging in art activities where they learned about symbols that enrich Indigenous storytelling. These activities provided students with a hands-on experience of Aboriginal culture, helping them appreciate the significance of traditions and symbols in expressing history and identity.

Overall, these activities offered a meaningful opportunity for students to connect with the rich history and traditions of Australia's First Nations peoples, fostering respect and awareness within our school community. We thank Miss Devenish and our First Nations Committee for organising a wonderful NAIDOC Week for all our students at BPS.



BPS Sports Arena

K-1 Athletics Carnival

Our K-1 Athletics Carnival was a huge success! The day was filled with excitement as our K-1 students showed off their athletic skills in various fun and engaging activities. From energetic relay races and tunnel ball to throwing events and the ever-popular parachute games, everyone embraced each challenge with enthusiasm and teamwork.

Families and friends cheered from the sidelines, adding to the joyful atmosphere and encouraging students every step of the way. It was wonderful to see students supporting one another, building confidence, and most importantly, having a blast!

Thank you to everyone who participated and helped make this day special. The spirit of community and fun was truly in the air, and we can't wait for next year's event!





Celebrating Success

Bondi Public students continue to excel in a wide range of areas. Beau A and Imara B were recently selected to represent Bondi Public at the State Snowsport championships at Perisher. Imara competed in the moguls event and Beau competed in the snowboard slalom and snowboard cross events. Beau has been selected to compete in the Snowboard Giant Slalom event at the Nationals in early September. A massive congratulations to both students - and good luck Beau!



Meet our Staff!



MR MICHAL MASLANKA

Role: AP Stage 2 / Teacher Librarian.

Time @ BPS: 8 years.

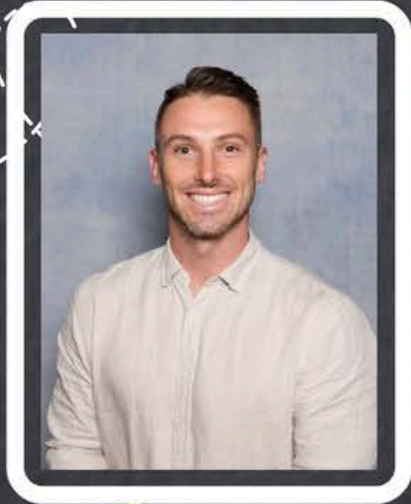
Outside Interests: Rugby League, Football, Jui Jitsu, reading, going to the beach.

Favourite Food: Pizza.

When I was young I wanted to be: A Police officer.

Favourite Children's Author: Neal Shusterman.

Fun Fact: I have my pilot licence.



MS LEANNE LIANG

Role: Year 3 classroom teacher.

Time @ BPS: 3 years.

Outside Interests: Raising my puppy.

Favourite Food: Asian.

When I was young I wanted to be: Kathleen from Hi-5.

Favourite Children's Author: Robin Klein.

Fun Fact: I was born at St. George hospital, grew up in the St. George area, lived on St. Georges Rd, attended St. George Girls' High school and I was at the St. George Illawarra Dragons v Roosters 2010 Grand final.



Kitchen Cottage Café



Minestrone Soup

Ingredients

Ingredients:

- ¼ cup olive oil
- 1 onion, diced
- 6 cloves garlic, sliced
- 1 leek, halved and sliced into pieces 1 cm wide
- 2 carrots, diced
- 2 bay leaves
- 4 sprigs of oregano
- 2 cups of seasonal vegetables, diced (see what is in the garden - cabbage, radish, cauliflower, celery)
- 800 g tomato passata
- 1 L vegetable stock
- 400 g tinned cannellini beans, drained and rinsed
- 3 potatoes, diced
- 3 handfuls of parsley, chopped
- 1 bunch of silverbeet, chopped
- ½ tsp salt
- pepper, to taste
- 50 grams parmesan cheese, grated

Directions

- Prepare all the ingredients based on the instructions in the ingredients list.
- Heat the olive oil in the large pot over medium heat.
- Add the onion, garlic and leek to the pot and sauté for 5 minutes or until the onion is translucent
- Add carrots, bay leaves, oregano and seasonal vegetables, and cook for another 5 minutes.
- Add the passata, vegetable stock, cannellini beans and potatoes, and bring to the boil. Turn down the heat and simmer for 15–20 minutes until the vegetables have softened.
- Add the parsley and silverbeet and cook for a further 5 minutes.
- Season with salt and pepper.
- Portion soup into 2 large serving bowls and parmesan cheese into 2 small serving bowls and place one of each on 2 dining tables.



Fresh from the garden: cabbage, celery, cauliflower, radish, bayleaf, oregano, parsley, silverbeet

Recipe source: Stephanie Alexander Kitchen Garden Program

Kitchen Cottage Café



Rosemary Soft Pretzels

Ingredients

Pretzels

- pretzel dough
- 4 sprigs rosemary, leaves removed and finely chopped
- salt, for sprinkling

Baking soda bath

- ½ cup baking soda
- 9 cups water

Directions

- Preheat the oven to 200°C. Line 2 baking sheets with baking paper.
- Cut the dough into 12 equal sections.
- Roll the dough into a rope about 50cm long. Form a circle with the dough by bringing the two ends together at the top of the circle. Twist the ends together. Bring the twisted ends back down towards yourself and press them down to form a pretzel shape.
- Bring baking soda and 9 cups of water to a boil in a large pot. Drop 1-2 pretzels into the boiling water for 20-30 seconds. Any longer than that and your pretzels will have a metallic taste. Using a slotted spoon, lift the pretzel out of the water and allow as much of the excess water to drip off.
- Place pretzels onto the baking sheet. Sprinkle each with salt and rosemary.
- Bake for 15 minutes or until golden brown.



Fresh from the garden: Rosemary

Recipe source: Stephanie Alexander Kitchen Garden Program

P&C News

Welcome back to Term 3!

Father's & Special Other's Breakfast



Thanks so much to all of our wonderful volunteers and community who came along to celebrate this morning! What a great time.

A big thanks to our sponsors as well - especially OrthoBoutique for their ongoing support of our school community.

2024 Halloween Fete!!!

Sunday, 27th October is the day for this year's Halloween Fete and we can't wait to scare every single one of you and your friends with how fantastic a day it's going to be. Put the date in everyone's diaries and invite everyone you know.

Pre-sales will be going live in September for ride passes, junior passes and some select on the day items.

Classes - stall meetings are happening so keep an eye on the Fete Reps Chat groups and we'll see you there. If you have any questions, get in touch.

Crafting Workshop at the Cottage will continue throughout the term and we'll send details out through the main chat.

We still need lots of help to continue creating prizes and decorations as the term goes on so get in touch if this is something you'd like to help with.



Term 3 P&C Meeting - 6.30 - 8pm, Wednesday, 21st August

The term 3 P&C meeting will be in the library from 6.30pm on Wednesday August 21st. This is a great opportunity to learn more about the workings of the school, have your say and meet other parents all while enjoying snacks and beverages.

RSVP here - <https://forms.gle/tjm5kNbB52VjxTWn8>



FUTY Yoga

reminder that our wonderful From Us To You Yoga team runs sessions in the hall every Friday morning for \$10.

Join them for an hour to give back to yourself with yoga, that will change from week to week to suit all manners of self-care.

All proceeds will go to the P&C. All are welcome! BYO mat and blanket or shawl. The school car park will be open on Henderson St. Book your spot today -

<https://bondipublicpandc.com/products/community-yoga>

Uniform Shop Update

We have a new Uniform Shop Manager starting this term so will introduce you to them in the coming weeks. A huge shout out and thankyou to Nil Pozcu for the wonderful work she has done in the role and ensuring the shop is a hub for our community as well as providing a much-needed service.

We are fully stocked for all uniform items so come on in to collect or shop online for class delivery of any of your uniform needs.

Reminder: Old uniforms are available at 50% off for the next few weeks and will no longer be available after mid-September.

ALL STUDENTS NEED TO BE IN FULL NEW SCHOOL UNIFORM FOR THE START OF 2025.

We can also always use volunteers at the uniform shop and it can even be outside of our opening hours as there are always orders to pack and items to sort. If you can help, please use the links below to let us know.

Friday Book covering in the Library

Every Friday, Leonie and anyone who would like to join will be in the library covering books from 12 - 3pm. Come along and help get all the wonderful new books onto the shelves for our kids as soon as possible!

Sign up here to help us gauge how many people can come along each week.

https://signup.com/mobileweb/2.0/vspot.html?activitykey=242573898058#anonymous_invite_page

See you there! 📖

P&C News

Canteen Update

REMINDER: **PSSA lunch orders** must be placed by 7am and ordered through the PSSA selection on FlexiSchools ONLY. If you do not order through this selection, food will not be ready in time for players departure and will need to be collected at 3pm upon their return. No late orders are available for PSSA students.

Please note **birthday** Freezies and chocolate mini muffins require a minimum of 3 working days notice and do not include holidays. Please email your order to canteenbondi@gmail.com



Thanks to all of our wonderful carer **volunteers** who are helping out in the canteen.

We always need help though! Tuesdays and Fridays are our busiest days - if you have time on these days, please consider signing up to help out for an hour or two:

<https://bondipublicpandc.com/blogs/volunteering/canteen>

REMINDER: Only parents should be using Flexischools to order from the canteen and children's names should match their enrolment.

Uniform Shop Update

Welcome to Samantha Walker, our new uniform shop manager. Sam and Nil will continue working together this term so be sure to pop in and say hello if you need anything.

We are fully stocked for all uniform items including cotton polos so come on in to collect or shop online for class delivery of any of your uniform needs.

ALL STUDENTS NEED TO BE IN FULL NEW SCHOOL UNIFORM FOR THE START OF 2025.

We can also always use volunteers at the uniform shop and it can even be outside of our opening hours as there are always orders to pack and items to sort. If you can help, please use the links below to let us know.

P&C News

Ongoing Call Out for Volunteers for 2024

In case, after reading all of this and seeing our calls for volunteers you thought we didn't need anyone, think again!!! We ALWAYS need volunteers!! None of the work the P&C do is possible without volunteers. If you can help out in anyway, get in touch via this link - <https://bondipublicpandc.com/pages/volunteering>

Options to volunteer are endless and we can utilise any skill level!

- Uniform Shop - packing orders and serving; Mon, Wed, Fri 8.45 - 9.15am
- Canteen - help with food prep, no skills necessary; Mon - Fri 9am - 2pm (for any amount of time that you can spare)
- BBQ's at events throughout the year - if you can use tongs, let us know; various times and dates
- Anything else you may think of, reach out and get in touch!



Here's to a fun rest of the term!
Kate, Judii, Leonie, Zoe &
Candace



BONDI PUBLIC SCHOOL



Welcome Kindergarten 2025

Enrolment Applications DUE NOW!

<https://bondi-p.schools.nsw.gov.au>

DATES FOR THE DIARY

Parent Information Evening (school hall):

WEDNESDAY 28 AUGUST 6:00-7:00PM

Transition Day 1:

WEDNESDAY 23 OCTOBER 9:30-11:00AM

Transition Day 2:

WEDNESDAY 30 OCTOBER 9:30-11:00AM

Transition Day 3:

WEDNESDAY 6 NOVEMBER 9:30-11:00AM

Fortnightly School Tours- call our school office to book

91306998





E-scooters: Advice for families

An e-scooter is an electric scooter that is powered by a rechargeable battery.

Is my child allowed to ride an e-scooter?

In NSW, it is **illegal** to ride a privately owned e-scooter on roads or road-related areas, including footpaths, shared paths, cycle ways and cycle paths.

If you allow your child to ride a privately owned e-scooter, they are **only permitted** to ride it on private property.

Is my child allowed to ride in a e-scooter trial area?

E-scooter shared schemes are being trialled in designated local government areas in NSW.

Your child must be **16 years or older** to hire and ride a shared e-scooter within a trial area.

Hired shared scheme e-scooters are only able to be used on roads and road-related areas in the designated e-scooter trial areas. It is illegal for privately owned e-scooters to be ridden on NSW roads or road related areas, including in trial areas.



What is the law and safety advice in a trial area?

If you allow your 16 years or older child to hire and ride a shared e-scooter within a trial area, you should be aware that your child must:

- ▶ hire a shared e-scooter only from the selected provider in the trial area
- ▶ use a shared e-scooter on selected roads, bike paths and shared paths, in the trial area
- ▶ stay under 10km/h on shared paths and 20km/h on the road
- ▶ always wear an approved helmet
- ▶ not carry passengers
- ▶ not use a mobile phone whilst riding

It is recommended that your child wears brightly coloured clothing so other road users can easily see them.

Your child must be **16 years or older** to hire and ride a shared e-scooter within a trial area.

For more information, please visit:

- ▶ transport.nsw.gov.au/roadsafety

The information in this brochure is intended as a guide only and is subject to change at any time without notice. It does not replace the relevant legislation, nor should it be regarded as legal advice.



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Open Night

SYDNEY GIRLS HIGH SCHOOL

**Wednesday 11 September 2024
3.00 pm – 6.00 pm**

Official Welcome, Workshops, Performances, Displays and Information

*Please join us for an informative and enjoyable evening,
showcasing all that Sydney Girls High has to offer*



**Anzac Parade
SURRY HILLS
NSW 2010**

**Enquiries:
Phone: 9331 2336
Email: administration@sghs.nsw.edu.au**



SYDNEY BOYS HIGH SCHOOL

Open Day

Thursday 12 September 2024 9:30am – 12:00pm

Please register at sbhs.co/openday



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sydneyboys-h.schools.nsw.gov.au

MURPHY SPORTS

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Where: Waverley College

When: 30 Sept - 3 Oct and Oct 8 - 10

Times: 9am - 3pm (aftercare to 5.30pm)

Cost: From \$50/day

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Woollahra
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ages 6-11 & 12+

School holiday art program

30 September - 11 October

book now
at

wwas.org.au



or scan here!

	MON 30 SEP	TUE 1 OCT	WED 2 OCT	THU 3 OCT	FRI 4 OCT
AM	KAHLO COLLAGE + CROWNS AGES 6-11 9:30 - 12:30	SURREALISM CHARACTER DRAWING AGES 6-11 9:30 - 12:30	GROOVY GRASS CRITTERS AGES 6-11 9.30 - 12.30	MONOPRINTS & PORTRAITS AGES 6-11 9:30 - 12:30	EXPRESSIVE ANIMAL DRAWING AGES 6-11 9:30 - 12:30
	FARM ANIMALS IN CLAY AGES 6-11 9:30 - 12:30	HERVE TULLET MEETS JACKSON POLLOCK AGES 6-11	CREATE A MYTHICAL CREATURE AGES 6-11 9:30 - 12:30	AMAZING CLAY CREATIONS AGES 6 - 11 9:30 - 12:30	AMAZING CLAY CREATIONS AGES 6-11 9:30 - 12:30
		POTTERY WHEEL AGES 12+ 10:00 - 1:00	ARCHIBALD PORTRAITS AGES 12+ 10:00 - 1:00	SYDNEY STREETSCAPES AGES 12+ 10:00 - 1:00	DRAWING PERSPECTIVE AGES 12+ 10:00 - 1:00
LUNCH (supervision provided)					
PM	FINGER FELT PUPPETS AGES 6-11 1:15 - 4:15	ABSTRACT GARDEN & GARLAND MAKING AGES 6-11 1:15 - 4:15	PAINTED PLANT POTS AGES 6-11 1:15 - 4:15	COLOURFUL LANDSCAPES AGES 6-11 1:15 - 4:15	ANCIENT CLASSICAL PAINTING AGES 6-11 1:15 - 4:15
	BUGS & CRITTERS IN CLAY AGES 6-11 1:15 - 4:15	POTTERY WHEEL AGES 12+ 1:45 - 4:45	FANTASY CLAY CASTLES AGES 6-11 1:15 - 4:15	AMAZING CLAY CREATIONS AGES 6-11 1:15 - 4:15	AMAZING CLAY CREATIONS AGES 6-11 1:15 - 4:15
		ARCHIBALD PORTRAITS AGES 12+ 1:45 - 4:45	SYDNEY STREETSCAPES AGES 12+ 1:45 - 4:45	DRAWING PERSPECTIVE AGES 6-11 1:45 - 4:45	

	MON 7 OCT	TUE 8 OCT	WED 9 OCT	THU 10 OCT	FRI 11 OCT
AM	BANK HOLIDAY	MAKE SCRATCH ART PRECIOUS GEMS AGES 6-11 9:30 - 12:30	CREATE LIKE HENRI MATISSE AGES 6-11 9.30 - 12.30	RECYCLED CRAFTS AGES 6-11 9:30 - 12:30	CREATE A SELF PORTRAIT LIKE GUSTAV KLIMT AGES 6-11 9:30 - 12:30
		MAKE A SUSHI PLATTER AGES 6-11 9:30 - 12:30	CLAY ANIMAL MASKS AGES 6-11 9:30 - 12:30	MAKE YOUR DOG IN CLAY AGES 6-11 9:30 - 12:30	CREATE LIKE VAN GOGH AGES 12+ 10:00 - 1:00
		THE MAGIC OF PAINTING AGES 6-11 9:30 - 12:30		OIL: PAINT LIKE THE OLD MASTERS AGES 12+ 10:00 - 1:00	
LUNCH (supervision provided)					
PM	BANK HOLIDAY	PRINTING RAINFOREST FRIENDS AGES 6-11 1:15 - 4:15	SALTY SEASCAPE WATERCOLOURS AGES 6-11 1:15 - 4:15	MAPPING LIKE MONDRIAN AGES 6-11 1:15 - 4:15	PAINTING AUSTRALIAN FLOWERS AGES 6-11 1:15 - 4:15
		COLOUR LIKE KADINSKY AGES 6-11 1:15 - 4:15	OPEN CLAY SESSION AGES 6-11 1:15 - 4:15	OIL: PAINT LIKE THE OLD MASTERS AGES 12+ 10:00 - 1:00	CREATE LIKE VAN GOGH AGES 12+ 9:30 - 12:30



PAEDIATRIC DIETITIAN

NORTH BONDI



IS YOUR CHILD A FUSSY EATER?

TALIA NOVOS

Talia is an Accredited Practising Dietitian that has specialised experience with:



- Fussy Eaters
- Nutrient deficiencies
- Failure to gain/lose weight
- Texture or taste aversions or food selectivity
- Anxiety around trying new foods
- Tummy issues
- Lunchbox ideas

With a focus on family-centered care, Talia will work closely with you to create a personalized plan that meets your child's unique needs.

Contact Talia to see if she can help

p: 0412 500 133

w: www.balanced-nutrition.com.au

e: talia.balanced.nutrition@gmail.com

a: 1/92 Glenayr Ave, North Bondi (sevenways health centre)





Spring Holiday Program

OPEN TO ALL
5-13
Year Olds

Join the fun with Kool HQ these school holidays! Enjoy a variety of themed days with exciting workshops in Sports, Cooking, Drama, STEM, Dancing, Art & MORE! Discover new interests, learn new skills, and make unforgettable memories!

LOCATIONS

Waverley College, Reddam House

DATES

Term 3 Holidays (Spring)

23rd September - 11th October 2024

HOURS

Monday to Friday: 8:30 AM – 5:00 PM

FEES

From \$13.62 with maximum subsidy

Check our [Child Care Subsidy Fee Estimator](#)

Scan the QR Code to View
Our Spring Programs



Registration Link
koolhq.com.au

