

BONDI BULLETIN

The latest news and updates from Bondi Public School



DATES FOR YOUR DIARY

FEBRUARY

- **Fri 14th** - 20 Assembly
- **Mon 17th** - SRC Induction in Hall
9.15am
- **Tue 18th** - Rose Bay Secondary College
Open Night
6.00pm-7.30pm
- **Thu 20th** - Chess demonstration for
students in STEAM room @ recess
- **Fri 21st** - 5/6R Assembly
- **Fri 28th** - 2Y Assembly

MARCH

- **Wed 4th** - Zone swimming carnival
- **Fri 6th** - Chinese NY Welcome BBQ
4.30pm - 6.30pm

Principal's Report

Once again Andrew Boy Charlton was the scene for our swimming carnival last week. There was healthy rivalry between the houses and I was impressed with the level of team spirit that continued throughout the day. This year, we had more students than previous years entering races and it highlights the energy and passion of our students. A special thank you needs to be extended to our P&C who provided every student with an ice-block on the day - a treat I'm sure they all enjoyed. Congratulations to the students below who smashed a couple of our school records:

- **Jet C** 10yrs Boys 50m Freestyle 35.19s
- **Gracie S** 11yrs Girls 50m Backstroke 47.78s

Each year we encourage our parents to enhance programs and initiatives that enrich student learning. On Friday families will receive the 2020 payment advice via School Bytes. We appreciate your contributions to support the high quality programs at our school. We are always willing to support families with advice and assistance as needed.

At BPS we always prioritise the health and safety of our students. We assist them to understand why sun safety is important and to take action to protect themselves. We encourage our students to:

- wear a BPS hat when outdoors
- seek shade during peak UVR times during the school day
- wear SPF 30+ (or higher) sunscreen

It would be appreciated if parents could ensure that their children apply sunscreen before coming to school each day and to bring their own sunscreen from home that they can reapply before they go outside during breaks or sport sessions. Students will be reminded to reapply during eating time each day.

The Monday morning assembly next week will be held in the hall as we've been unable to have one so far this year due to the poor weather. We will be inducting our Student Representative Council members at this assembly so it is anticipated to go for a little longer than usual.

Four of our teachers are involved in the STEM Teacher Enrichment Academy that is being offered through the University of Sydney. The STEM Academy is an innovative year-long professional learning program that is focused on promoting science, technology, engineering and mathematics within our school. It compliments our new STEAM specialist program nicely and we are looking forward to our expert teachers sharing their new knowledge with our students and staff throughout the year.

Rose Bay Secondary College has an Open Night planned for Tuesday 18th February. It is a great opportunity to talk to students, parents and teachers about the wonderful programs that they offer. Please view the flyer on the next page for more details.

We were saddened to hear news from Randwick Public School that one of their staff members had passed away unexpectedly. Three BPS teachers are working there today to support them during this very difficult time. As a school we understand the impact that such a loss has on the entire community so we have extended our support network to them.

Mrs Olivia Parry
Acting Principal

P&C News

The Uniform Shop

The Uniform Shop is currently open every Monday, Thursday and Friday (volunteer dependent) from 8.30am to 8.50am. The shop needs to be closed by 8.55am so that Mr B's 9am music classes can access the music room next to the shop (and the generous volunteers can get on with their day).

Please note; Flexischools orders are filled on a Thursday and distributed to classrooms. We are currently out of stock of size 8, 10 and 14 short sleeve polos. If you have ordered one of these items your COMPLETE order will be filled as soon as new stock arrives.

If you have just half an hour every few weeks before school to help, please join our volunteer group now. We would greatly appreciate it: <https://chat.whatsapp.com/HXkxK6bTEm28Xty1ktyxJH>

Every class needs a class parent, or two...

We've streamlined the role of class parents this year so there are no weekly emails to your class. Teachers will take responsibility for weekly communications to the parents via Dojo.

Being a class parent is a really rewarding way for your kids to see you involved in their school lives and get to know other parents in the year. The main role this year is to work with other class parents in your year group to lead your classes to deliver one school community event and to contribute to the amazing Halloween Fete in October. **Please let your Teacher know if you are keen to be class parents.**

The Canteen Needs You

Believe it or not that delicious, nutritious and affordable food does not appear each recess and lunch by magic. The core canteen team relies on volunteers. Earlier this week not one person had volunteered for a short shift!

Please use this link to sign up for a few shifts this term: <https://signup.com/go/xQZjgfc>

Term 1 P&C Meeting

The Term 1 P&C meeting is at 7pm, Wednesday 26th February in the staffroom. We welcome all Parents and Carers of current BPS students to come along to hear the plans for the year, the latest updates from Mrs Parry and enjoy a glass of wine or sparkling water. Look forward to seeing you there.



Rose Bay Secondary College has a proud record of high academic achievement and has built a reputation for excellence. Academic excellence complements the comprehensive extracurricular offerings that demonstrate the culture of Opportunity, Achievement and Community shared by all our students and staff.

Our HSC Achievements

Rose Bay Secondary College students have achieved some outstanding results in 2019 Higher School Certificate.

- Elly Henner-Cwirm, College Dux (ATAR 98.2), Distinguished Achievers List

Top Achievers List -

- Genevieve Ward – 5th in the State in German Beginners (ATAR 98.15)
- Ly Hoang – 5th in the State in Vietnamese Continuers (ATAR 97)
- Ziggy Kugel featuring in Art Express (Visual Arts).
- 66 mentions on the Distinguished Achievers List for students who achieved a Band 6 in one or more subjects.
- 36th in the State in the new Mathematics Standard 2 course

ROSE BAY
SECONDARY COLLEGE

OPEN NIGHT

TUESDAY
18th February 2020
6:00-7:30pm
College Tour

Talk to students,
parents and teachers

34A Hardy Street, Dover Heights ph 9301 0300 visit: www.rosebay-h.schools.nsw.edu.au

Why Chess?

- Create Brighter Thinkers
- Improve Student Focus
- Achieve Academic Success

Combines learning with fun!



Educational Benefits:

- Improves concentration and focus
- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualisation and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds



Bondi Public School Chess Classes, 2020
Mondays 1:15PM - 2:00PM in the Old Hall

Term 1	Cost: \$120	3rd Feb - 6th Apr
Term 2	Cost: \$96	4th May - 29th Jun*
Term 3	Cost: \$108	27th Jul - 21st Sep
Term 4	Cost: \$108	12th Oct - 7th Dec

*No chess on 8th June (Public Holiday)

To enrol please pay online with your credit card at www.sydneyacademyofchess.com.au/payment

Enter the code 51DVGGMGH3 and fill in the electronic form, with your child's details.

*Fees are due on the first day of term. A late fee of \$10 will be applied if payment is not received within 4 weeks of the start of the term. No refunds or credits for missed lessons during the term and trial lessons must be paid for. For pro-rata fees (ie. starting part way during the term) please contact Sydney Academy of Chess on 9745 1170.

OPTIONAL EXTRAS (prices include delivery)

To enhance your child's learning experience these items are available for purchase online at the time of enrolment

Workbook 1 – Cost: \$31 [For Beginner/Rookie Players]	Workbook 2 – Cost: \$31 [For Intermediate Players]	Workbook 1 & 2 – Cost: \$46 [SPECIAL OFFER]
Exploration in Chess Beauty – Cost: \$42 [For Advanced Players]	Chess Set & Roll-up Board – Cost: \$34 [Recommended for All Ages]	Chess Clock – Cost: \$77 [Recommended for All Ages]

Pay for four terms in advance and receive a free chess set or workbook 2 valued at up to \$34. Offer expires 31st March, 2020.

Sydney Academy of Chess Pty Ltd

ABN: 14 139 982 004

Level 1, 30A George Street Burwood, NSW

PO Box 1325, Burwood, NSW 1605

P: 9745 1170 F: 9745 1176 E: enrolment@sydneyacademyofchess.com.au



SYDNEY ACADEMY OF CHESS

SYDNEY ACADEMY OF CHESS



Free Chess Demonstration Thursday 20th February!

- It doesn't matter if you're a total beginner or a chess champion, everyone is welcome to come along and see what it's all about.
- Come and say hi to our chess coach at 11:25am on Thursday 20th February 2020 in the science room.
- For more information about enrolment in our Monday lunch time chess classes at Bondi Public School please call us on 9745 1170.



ENDING SOON!

PILATES & BARRE
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28 Day Festive Pass
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72a Hall Street, Bondi | 0424 133 544 | balancemoves.com.au



PLAYERS WANTED

Join the Junior Purple Hearts



Small-sided football for kids with disabilities

For boys and girls aged 7–13 years of age

Training on Wednesdays

4.45 – 5.30pm at the Matraville Sports High School Anzac Pde Chifley

No cost. Fully supervised and run by experienced coaches.

Contact: Ben Folino
purplehearts@rcfc.org.au
or phone 0419 973 631

Check us out at www.purplehearts.rcfc.org.au

Clovelly
Community Bank Branch
Bendigo Bank

Frequently Asked Questions – Junior Purple Hearts



Who are the Junior Purple Hearts?

The Junior Purple Hearts is a football (soccer) program designed for children with a disability 7–13 years.

It is an initiative of the Randwick City Football Club created out of the vision to be an inclusive club that uses the power of sport to promote friendship, commitment, and team spirit.

Who participates?

Our program is open to boys and girls with a disability aged 7–13 years. It's open to any disability type. It is recommended that players be able to follow simple instructions and have basic social interaction skills. You don't need to be a resident of the area to sign up for the Purple Hearts.

Parents are also encouraged to participate.

Where and when is training held?

Training is every Wednesday afternoon from 4.45pm – 5.30pm at Matraville Sports High School Anzac Pde Chifley.

The set-up enables easy participation for people with a disability. The playing area is about the size of a tennis court and is fully enclosed.

The emphasis is on having fun. Our coaches use simple drills to teach the basics of the game.

What happens at weekly training?

Weekly training sessions are fun, safe and provide a great opportunity to make new friends. Each session incorporates some stretching, simple fitness work, skill work and a fun match.

Led by an experienced and dedicated coach, there is a great sense of enjoyment, encouragement and camaraderie at the training sessions.

Are games played?

They sure are.

The Junior Purple Hearts compete in regular gala days organized by Sports4All and Football4All.

At training, time will be set aside for games. Parents and carers are sometimes involved.

Who are the coaches?

Our coaches are enthusiastic, patient and motivated individuals who come from a range of backgrounds.

They encourage players to develop their soccer skills and fitness.

What do players need to participate?

Players will be provided with a kit-bag containing a jersey, shorts and socks, a ball, shin pads, a cap and water bottle.

We encourage players to come to training 'geared up'.

Only runners or indoor football shoes can be worn at training.

If you do not have the appropriate shoes or clothing, our coaches may be able to assist.

How do players register?

It's really easy.

Either email (purplehearts@rcfc.org.au) or phone (0419 973 631) and I'll send you a form to fill in and we'll take it from there.

Is there a cost?

There is no charge with this program.

WONDERING HOW TO OPTIMISE YOUR CHILD'S IMMUNE HEALTH, GROWTH, & BEHAVIOURAL OUTCOMES WITH NUTRITION?

KELLIE CAN HELP!

Kellie is a Clinical Nutritionist and a fully accredited member of the Australian Traditional Medicine Society. (Rebates available on selected private health plans.)

Book your consultation now!



Ovvio Organics
1A Glenmore Road
Paddington

BOOK ONLINE:
www.kelliemontgomerynutrition.com

Piano Lessons

Piano lessons at the convenience of your own home.

Bondi/Tamarama/Bronte/Clovelly

I am an experienced music educator that teaches students of all ages and levels of ability. I am able to fast track your progress to get you playing the songs and pieces that you desire to play in a fun environment.



What you can learn from me

Repertoire
Reading music
Music Composition
Music Theory
Technique
Music Production- Logic Pro X / Ableton live
Vocals- Piano and singing

Start your music journey today!

M: 0466 289 896

E: jamescartermusic@icloud.com



Dance Classes in all styles of dance.

RAD Ballet, tap, jazz, contemporary, Hip hop and Eisteddfod groups.

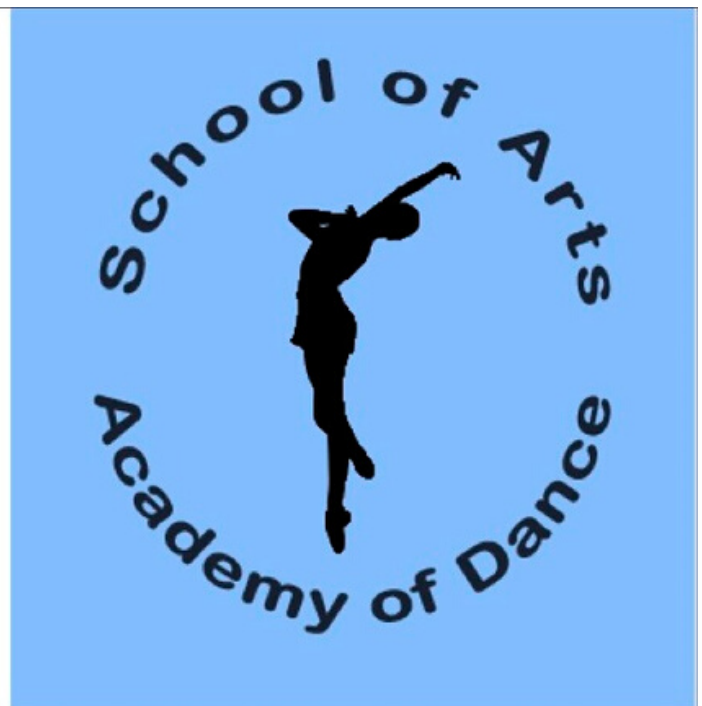
Come join our wonderful friendly studio with a family atmosphere where your child can explore their love to dance at any level and commitment you choose. Located just up Bondi Road, close to the school

Classes start from 3yrs and up.

0412128423

schoolofartsacademyofdance@hotmail.com

www.schoolofartsacademyofdance.com.au





Swim the Magic at our friendly ocean swim - a great day out for the whole family!

Participate in the Malabar Magic and raise funds for Rainbow Club! The Murray Rose Malabar Magic is suitable for swimmers of all ability.



Murray Rose
1939-2012

malabarmagiccoceanswim.com.au

Murray Rose Malabar Magic
MalabarMagic



Rob Lloyd 0419 276 262
Emma Baldwin 0420 306 247
info@malabarmagiccoceanswim.com.au

2020 Murray Rose
Malabar Magic Ocean Swim
Sunday 16 February 2020
Malabar Beach, Sydney

7.00am	Registration opens
9.15am	Rainbow Club members swim
10.00am	1km Swim starts
11.00am	2.5km Swim starts
12.30pm	Presentation and prizes

REGISTER
NOW
ONLINE

SWIM 1KM,
2.5KM OR
BOTH

FUNDRAISE
AS A
TEAM OR
INDIVIDUAL



Rainbow Club is a network of social swimming clubs for children with a disability

myrainbowclub.org.au

rainbowclubaustralia
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RainbowClubAust



WHAT'S IN BONDI PUBLIC SCHOOL'S WEEKLY ORGANIC FRUIT & VEG BOX?

FAMILY FAVOURITE STAPLES
YOU'LL FIND A GOOD MIX OF STAPLES EACH WEEK: E.G LETTUCE, CARROTS, BROCCOLI, POTATOES, APPLES, ETC.

SEASONAL PRODUCE
THE CONTENTS OF THE BOX CHANGES EVERY WEEK. IT DEPENDS ON WHAT IS IN SEASON AND WHAT IS OF THE VERY BEST QUALITY. THESE 2 FACTORS USUALLY COINCIDE. SEASONALITY EQUALS ABUNDANCE OF HARVESTED PRODUCE. THINK CITRUS & CAULIFLOWER IN WINTER, MANGOES IN SUMMER.



EXAMPLES OF THE HUGE BOX CONTENTS



HOW DOES IT WORK?

IT'S SIMPLE, THE SCHOOL'S LOCAL COMMUNITY GETS TOGETHER TO DIVVY THE BULK ORGANIC PRODUCE INTO FAMILY BOXES ONCE A WEEK AFTER SCHOOL.

EVERYONE GETS AFFORDABLE TOXIN FREE PRODUCE AND WE SAVE FUNDS TO TEACH HEALTHY EATING CLASSES AT YOUR LOCAL SCHOOL.

FIND OUT MORE AT WWW.MYORGANICSCHOOL.COM
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SIGNUP, INFO & ORDERING :

WWW.MYORGANICSCHOOL.COM/BONDIPUBLICSCHOOL



In conjunction with the Ocean Lovers Festival...

FREE Climate Change Forum & 2040 Film Screening

Thursday 19 March | 6.30pm & 8pm
Bondi Pavilion, Bondi Beach | Free

Join us for an insightful and inspiring evening on climate change impacts and solutions, with a free expert forum and film screening.

With this hitting the headlines daily, it's never been a better time to come together to share and discuss information, from a global and local perspective.

- FORUM:** Hear from experts on the impacts of climate change on our oceans and coastal environments, and positive actions available in our community.
- FILM:** Watch the acclaimed documentary 2040 from award-winning director Damon Gameau which explores a positive future where we embrace the best solutions.

Register for one or both events @ climateforumandfilmscreening.eventbrite.com.au

For more information:
secondnature@waverley.nsw.gov.au | secondnature.org.au
#secondnatureimn



JewishCare You are in good hands

1-2-3 MAGIC® & EMOTION COACHING PARENT WORKSHOP



A three-session program to help parents and carers (of children 2-12 years) to manage their children's behaviour and build their child's emotional resourcefulness.

VENUE: JewishCare, 3 Saber Street Woollahra (free parking available)
DATES: Thursdays 27th Feb, 5th March & 12th March 2020
TIME: 9.30am - 12pm

AIMS

- ✓ Provide parents the skills to take action in difficult-to-manage parenting situations
- ✓ Determine how to choose the best strategy – Do nothing, listen or act?
- ✓ Create a balance between too much talk and too much emotion
- ✓ Increase children's ability to self manage their emotions
- ✓ Knowing how to avoid getting 'hooked' by children's negative emotions

COURSE COSTS AND DURATION

The course costs \$40/pp or \$70/couple which includes workshop materials.

The course runs over 3 mornings. In order to get the most out of the workshop, it is important that you are available to attend all 3 mornings.

TO BOOK AND FOR FURTHER ENQUIRIES

<https://www.trybooking.com/BHSHH>
or call Mimi Zilka T: 9302 8037

E: 123magic@jewishcare.com.au

WHAT PARENTS HAVE SAID ...

"What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!"

"I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control!"

WHO'S RUNNING IT?

JewishCare's Family Support Caseworker, Robyn Bernitz and Manager of Youth Services, Mimi Zilka will be running the workshop. Both have extensive experience working with children and adolescents, and are accredited trainers of the Parentshop '1-2-3 Magic & Emotion Training' program.

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au

JewishCare is a member of the JCA family of organisations



FirstCall JewishCare 1300 133 660 W www.jewishcare.com.au

Find us on @JewishCareNSW



little zak's
academy

2 WEEKS
FREE CHILDCARE

CHILDCARE
with a
difference
AGES 6 WEEKS-6 YEARS

BONDI JUNCTION

2 WEEKS OBLIGATION FREE CHILD CARE
WHEN YOU ENROL AND START BY 31ST MARCH 2020

INCLUDED EXTRA-CURRICULAR ACTIVITIES



Zak's
Yoga Club



French
Class



Little Zak's
Kitchen



Zakaroos



Prep
School



Swimming
Class



97 Grafton Street,
Bondi Junction
NSW 2022
(02) 9387 5097
Childcare Carpark
inside Meriton

Westfield
Bondi Junction



OUR
LOCATION



The simplest way

... to pack a healthy lunch box .

Does packing lunch boxes feel like a chore? We are here to help you kick start the year easily, packing healthy lunch boxes your kids will enjoy.

Healthy lunch boxes don't have to be boring.



We are very excited to bring you our new look [healthy lunch box website](#) that has been improved with new features and functions based on feedback provided by you! You can now search for gluten free and vegetarian recipes, as well as **easy to freeze** and **quick and easy** recipes because as parents, we know how important it is to pack lunches quickly.

You can sign up to the [Healthy Lunch Box e-newsletter](#) for ideas, updates and recipes delivered to your inbox throughout the year.

[Check out the new website now!](#)

healthylunchbox.com.au

KIDS MEALS \$5



5—7PM EVERY DAY

BONDI BEACH PUBLIC BAR^o

BOOK VIA EVENTS@BBPB.COM.AU
OR SIMPLY WALK IN

85TH
ANNIVERSARY



Australian
Air League

NSW Group

JOIN NOW

NSW GROUP IS NOW ENROLLING



Since 1934 the Australian Air League has been teaching young boys and girls nationwide all about aviation, while helping them develop important life skills like leadership, discipline, self confidence and teamwork. When you join the league you will make new friends and take part in fun and exciting activities, on the ground and in the air.

Each week you will attend your local squadron where you will learn valuable skills and take part in fun and interesting activities and classes. Some of our classes include Meteorology, Navigation, Photography and Community Service. Squadrons also attend training camps, sport and recreational days, flying experiences and ceremonial drill.

We welcome boys and girls the age of 8 years old from all different cultures and backgrounds. Parents and families are welcome to support or even join their local squadron as a volunteer. All adult members and volunteers are Working with Children Checked.

The Australian Air League is running both a fun and educational programme that is making fine citizens out of our young Australians.

FOR MORE INFORMATION ON THE AUSTRALIAN AIR LEAGUE AND YOUR CLOSEST SQUADRON PLEASE CONTACT

www.airleague.com.au Email: info@airleague.com.au
Free Call: 1800 502 175



BalanceCreative
fun encouraging empowering



MUSIC

- 3yo to adult
- Piano / keyboard
- Piano accompanist
- Singing



TUTORING

- K-12, early learning
- English / ESL
- Maths + more!

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Vaucluse studio or at your home/school

